PHP Track node.js task

**Task 1: Improve Data Validation**

**Example object {**

**Name,**

**Age,**

**Country,**

**}**

Add validation to ensure that the data being created or updated meets certain criteria. For example, ensure that the name field is a string and the age field is a number.

**Steps:**

1. Implement validation functions.
2. Integrate these functions into the handleCreate and handleUpdate methods.

**Task 2: Add Persistent Storage**

Modify the server to store data in a file so that it persists between server restarts. Use the fs module to read and write data to a JSON file.

**Steps:**

1. Save the data object to a file whenever it is modified.
2. Load the data object from the file when the server starts.

**Task 3: Enhance Error Handling**

Improve the error handling to provide more informative error messages and handle edge cases more gracefully.

**Steps:**

1. Add more descriptive error messages.
2. Handle edge cases such as invalid JSON input or missing required fields.

**Task 4: Implement Filtering and Sorting**

Add support for filtering and sorting the data when using the read endpoint. For example, allow filtering by name and sorting by age.

**Steps:**

1. Modify the handleRead function to support query parameters for filtering and sorting.
2. Update the server to handle these parameters and return the appropriate results.